

4 GATEWAYS COACHING

4 Gateways Coaching is a simple and effective means for generating transformative experience for anyone, anywhere, anytime, period.

True liberation and freedom is something most of us seek, but actually fear. It takes great courage to be spontaneous and free. For those who are willing to take the risk and trust, the most liberating and healing thing any of us can do is own our own shadows (those parts of ourselves we project onto others that we don't like about ourselves).

I want everyone to have access to the power of their own soul wisdom. By being able to see our own projections and the movie of our life we see how we create it and how we can either change it or be more at peace with it.

-Tom Daly, PhD., founder of 4 Gateways Coaching

The 2008-2009 Training will be held in two locations, Boulder and NYC.

NYC - Nov. 20-23th, Feb. 12-15th, May 14-17th

Boulder - Dec. 4-7th, Feb. 19-22, May 14-17th

Cost: \$3,995

***early registration discount, Sept. 15th = \$2,995, Oct. 15th = \$3,500**

For More Logistics Info, visit www.4GatewaysTraining.com

For more information on the model and method, check out www.4GatewaysCoaching.com



Tom Daly, PhD. is a personal and professional development coach with over 35 years experience in human transformation. He is the founder of 4 Gateways Coaching. Tom specializes in training soulful men and women, who themselves are leaders in their own lives and communities. He lives in Boulder, Colorado, with his wife, Jude Blitz, and together they are the directors of the Living Arts Foundation, which fosters artful, soulful, and sustainable living. www.LivingArtsFoundation.com Tom is also co-founder of the Men's Leadership Alliance, www.MensLeadershipAlliance.com. and is a proud father, stepfather, and grandfather.



Seth Braun is the lead trainer for 4 Gateways Coaching and maintains a private practice in health and nutrition coaching internationally. He works with Mandala Clinic in Boulder Colorado and is the author of two books on health and nutrition. Braun is a contributor to the Integral Institute, Eco Times, Elephant magazine, HerActiveLife.com, TheFinalSprint.com, Total Fitness Radio, and more. In addition to a thriving health practice, Seth is a sought after coach for professional therapists, health counselors, and coaches seeking to walk their talk. Seth is a father too!